

CURRICULUM VITA

Karen S. Kubena

CURRENT TITLE:

Professor of Nutrition and Food Science
Department of Nutrition and Food Science
Texas A&M University
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EDUCATION:

<i>Degree</i>	<i>Area/Institution</i>	<i>Year</i>
Ph.D.	Nutrition, Texas A&M University, College Station Dissertation title: <i>Effects of subacute magnesium deficiency and soy protein isolate on growth and reproduction in rats</i>	1982
M.S.	Nutrition, Mississippi State University, Starkville Thesis title: <i>Excretion of 4-pyridoxic acid and magnesium in early morning urine specimens in 4-5 year old children</i>	1976
	Dietetic Internship Veterans' Administration Hospital and Texas Medical Center-Houston	1968
B.S.	Food and Nutrition, University of Wisconsin, Madison <i>Senior Honors</i>	1967

ACADEMIC APPOINTMENTS:

Faculty Director, Honors Program in Nutritional Sciences, Department of Nutrition and Food Science, Texas A&M University, 2011-present
Assistant Deputy Vice Chancellor for Intercollegiate Academic Programs in Agriculture, Texas A&M University System 2007-08
Professor of Nutrition & of Food Science, Department of Nutrition and Food Science, Texas A&M University 2004-present
Associate Dean for Academic Affairs, College of Agriculture and Life Sciences, Texas A&M University 1995-2007
Professor of Nutrition & of Food Science, Department of Animal Science, Texas A&M University, 1996-2004
Associate Professor of Nutrition & Food Science, Department of Animal Science, Texas A&M University, 1988-96
Section Leader, Human Nutrition Section, Department of Animal Science, Texas A&M University, 1984-95
Director, Combined Graduate Degree-Dietetic Internship, Texas A&M University, 1982-1990
Program Director, Undergraduate Program in Dietetics, Texas A&M - Plan IV-1982-1990,
Didactic Program in Dietetics, 1990-1999
Assistant Professor of Nutrition & Food Science, Department of Animal Science, Texas A&M University, 1982-88
Lecturer, Department of Animal Science, Texas A&M University, 1979-82
Program Coordinator and Instructor, Dietary Assistant Course, Blinn College, Brenham, Texas, 1976-77
NIH Allied Health Trainee, Department of Nutrition, Mississippi State University, 1974-75

PROFESSIONAL RECOGNITION:

2008 American Dietetic Association Excellence in Dietetic Education Award for Didactic Programs in Dietetics, Area IV (Arizona, Colorado, Nevada, New Mexico, Oklahoma, Texas and Utah)
2008 Dietetic Educator of the Year Award for Didactic Programs in Dietetics by the Texas Dietetic Association

Outstanding Service Award. National Association of State Universities and Land Grant Colleges Board on Agriculture Assembly – Chair, Academic Programs Section (APS/ACOP) - 2007
 2004 Alumni Fellow Award for College of Agriculture and Life Sciences by Mississippi State University
 Texas A&M Honors Invitational for National Scholars Invitationals (Invited faculty speaker–2013-1 of 5)- 2003-13
 Wakonse Fellow, Wakonse Conference on Innovative College Teaching, Shelby, Michigan - 1999
 Service Certificate, Commission on Accreditation/Approval for Dietetics Education – 1997- Council on Education, American Dietetic Association – 1995
 Recognition of Service Award, American Dietetic Association – 1994, 1995, 1996, 1997, 1998, 1999
 Association of Former Students of Texas A&M University Distinguished Teaching Award - College of Agriculture and Life Sciences, 1992
 Sigma Xi, National Honorary Research Society, 1991
 Outstanding Service Award, The American Dietetic Association, 1989, 1990
 Outstanding Women in Texas Government Award Certificate of Appreciation, 1990
 American College of Nutrition - Elected as Fellow (FACN) – 1988
 Phi Kappa Phi, National Honorary Society, 1976
 Gamma Sigma Delta, National Honorary Agricultural Society, 1976
 Phi Tau Sigma, National Food Science Honorary Society, 1975
 Kappa Omicron Phi, National Honorary Home Economics Society, 1975
 NIH Allied Health Trainee Award, Mississippi State University, Starkville, 1974-76
 Phi Upsilon Omicron, National Honorary Home Economics Society, 1966

EDITORIAL BOARDS OR REVIEWERS FOR JOURNALS

Member, Editorial Board, *Journal of the American Dietetic Association* - 1994-2000
 Member, Editorial Board for *Magnesium Research* (Paris), 1988-2008

Ad hoc reviewer

Journal of Nutrition- **current**
Advances in Nutrition - **current**
Journal of the Academy of Nutrition & Dietetics (Journal of the American Dietetic Association)-**current**
Journal of Nutrition Education and Behavior- **current**
Appetite- **current**
Public Health Nutrition - **current**
Journal of Nutritional Biochemistry
Journal of the American College of Nutrition
Social Thought and Research Review (STAR)
Nutrition Research
Archives of Medical Research
Ecology of Food and Nutrition
Maternal Child Nutrition

PARTICIPATION ON NATIONAL/INTERNATIONAL REVIEW PANELS

South Carolina Institutions of Higher Education Chief Research Officers - SBIR Proposal Review “Developing the Dietary Inflammatory Index for Clinical Application” - 2014
 U.S. Department of Agriculture Hispanic-Serving Institutions (HSI) Education Grants Program.
 Review Panel Member – 2012
 National Medical Research Council (NMRC), Singapore. Proposal review.
 International Review Panel Member 2012-17
 U.S. Department of Agriculture’s Cooperative State Research, Education, and Extension Service
 Resident Instruction Grants for Institutions of Higher Education in Insular Areas Peer Review Panel
 Member – 2005, 2009
 U.S. Department of Agriculture’s Cooperative State Research, Education, and Extension Service FY 2005
 Higher Education Challenge Grants Program Peer Review Panel, member – 2005

Academic Advisory Council, United Arab Emirates University, Al-Ain UAE – 2002-05 - Member
 Council Chair – R. Gomes, University of California System; T. Fretz, University of Maryland; J. Floros, Pennsylvania State University; K. Kubena, Texas A&M University
 Site visit to oversee implementation of plan for College of Food Systems – Al-Ain and Abu Dhabi – 2002
 Site visit – Dubai and Al-Ain - 2003
 Review Panel for Educational Program Grants for Hispanic Serving Institutions, U.S. Department of Agriculture Member – 2003
 Review Panel for Research Grant, Binational Agricultural Research and Development Fund (BARD), Cornell University and Israel – 2003
 Review Panel for Individual Research Grant (IRG), National Medical Research Council, Singapore – 2003, 2006, 2008, 2009, 2011
 Food and Agricultural Education Information System (FAEIS) Task Force, Higher Education Programs, SERD, CSREES, USDA – 2002
 American Dietetic Association Annual Meeting Abstract Review Team - 1988-2014
 American Dietetic Association Nutrition Research Dietetic Practice Group Published Paper Award Panel member – 2000
 2000 Huddleson Award for 1999 *Journal Article, Journal of the American Dietetic Association* – Review panel member
 Research Award Review Panel, Dietitians in Nutrition Support Dietetic Practice Group, American Dietetic Association - 1996-98
 American Dietetic Association Foundation Awards for Excellence in Research Review Panel - 1996-98
 American College of Nutrition New Investigator Award Review Panel – 1993
 American College of Nutrition 34th Annual ACN Symposium Abstract Review Panel – 1993
 American Dietetic Association New Researchers Award Review Panel - 1991, 1994, 1996, 1997

PROFESSIONAL ACTIVITIES:

Commission on Accreditation/Approval for Dietetics Education (CAADE) – Now ACEND

Commission member - 1994-97

Review Panel for Approved Programs, Member 1992-94, Chair 1994-97

International Accreditation Task Force, Chair 1994-95, Member 1995-97.

Approval Panel Committee (appointments), Chair - 1995-97

National Association of State Universities and Land Grant Colleges (NASULGC)

Experiment Station Committee on Organization and Policy (ESCOPE)/Academic Programs Committee on Organization and Policy (ACOP) Leadership Development Program

Advisory Committee - 1997-99, 2002

Program Coordinator - 1999-2001 [Led evaluation and redesign of program]

Academic Programs Committee on Organization and Policy (ACOP), Board on Agriculture

Southern Region Academic Program Section, Chair - 1999-2000 (Secretary 1998-99)

Food and Agriculture Education Information System (FAEIS) Committee, member 1998-2002

Peer Panel Co-Chair – 2003-05

Academic Programs Committee on Organization and Policy (ACOP) and Academic Program Section (national), Board on Agriculture Assembly

Chair 2002-03 (Secretary 2000-01; Chair-elect 2001-02; Past Chair 2003-05)

2006 Academic Summit Planning Committee, National Academy of Sciences – Member – 2004-06

“From Dialogue to Action - Next Step from the Academic Summit” 2007 National Conference, College Station TX – Chair – 2007

Board on Agriculture Assembly Leadership Development Program Planning Committee – Member - 2004-05

Board on Agriculture Assembly LEAD²¹ Board of Directors – Member 2005-06

American Dietetic Association

The American Dietetic Association, active member, 1968-present

Registered Dietitian (RD) – 1970-2014; Registered Dietitian Nutritionist (RDN) – 2015-

Dietetic Educators of Practitioners Dietetic Practice Group (>800 members), American Dietetic Association,
 Member 1983-present
 Chair, 1988-89 – (Treasurer 1985-87; Chair-elect 1987-88; Advisor 1989-90)
 DEP Line Newsletter Editor – 2008-11
 Council on Education, American Dietetic Association - Area IV Representative elected for Texas, Oklahoma,
 Colorado, New Mexico, Utah, Arizona, Nevada - 1989-90
 Research Dietetic Practice Group (>700 members), American Dietetic Association,
 Member 1984-present
 Awards Committee for Innovative Research Award, member - 1988
 Awards Committee for Published Paper Award, member - 1990
 Chair 1993-94 (Chair-elect 1992-93; Past Chair and Chair, Nominating Committee 1994-96)
 American Dietetic Association Board of Directors Health Services Advisory Board, Member, 1998
 Research Delegate, House of Delegates, American Dietetic Association - 1996-98
 Association Positions Committee, Member - 1997-98
 Workgroups, Positions Committee - 1997-present
 Position on Functional Foods, Chair - 1997-1999
 Position on Dietary Guidance for Healthy Children Ages 7-11 Years, Member - 1997-99
 Position on Medical Nutrition Therapy and Pharmacotherapy, Member - 1997-99
 Position on Communicating Food and Nutrition Information, Member - 1998-2001

Texas Dietetic Association

Texas Dietetic Educators of Practitioners dietetic practice group, Texas Dietetic Association
 Forming Coordinator - 1983-84; Chair - 1984-85
 Texas Dietetic Association, Division of Education and Research - 1986-87
 Vice President-elect - 1987-88
 Selection Committee for Recognized Young Dietitians of the Year - 1988

Professional Societies/Organizations

American Society for Nutrition [formerly American Institute of Nutrition (AIN) and American Society for
 Clinical Nutrition (ASCN)] - active member - 1989-present
 Society for Nutrition Education and Behavior – member – 2010
 Association for the Study of Food in Society – member – 2010-12
 American College of Nutrition - Elected as Fellow (FACN) - 1988; member - 1988-94
 Institute of Food Technologists, Professional member - 1982-95
 Nutrition Division, member - 1983-95; Foodservice Division, member - 1983-89
 American Society for Magnesium Research, active member, 1986-90

Gamma Sigma Delta, International Honor Society of Agriculture, TAMU Chapter

President – 2002-03 (Historian 1999-2000; Secretary 2000-01; Vice-president 2001-02; Past-President –
 2003-04)

Phi Kappa Phi, National Honor Society, TAMU Chapter

President – 2005-06 (Public Relations 2002-03; Secretary 2003-04; Vice President 2004-05;
 Past President 2006-07)
 Phi Kappa Phi Outstanding Junior –Interview Panel – Chair, 2002-07

Reviewer for Tenure/Promotion

Jean Burge (associate professor and tenure), Ohio State University - 1993
 Nancy Lewis (associate professor and tenure), University of Nebraska - 1993
 Evelina Cross (associate professor and tenure), Louisiana State University - 1993
 Kay Southworth (senior lecturer), University of Texas-Austin - 1997 and 1998
 Jane Ross (professor), University of Vermont – 1999
 Carol O'Neil (tenure) Louisiana State University – 2000
 Gail Gates (professor) Oklahoma State University – 2000

Andrea Arquitt (Associate Professor) Oklahoma State University – 2001
 Wanda Howell (Professor) University of Arizona – 2002
 Marlene Most (Professor-Research) Pennington Research Center, Louisiana State University – 2004
 Carol O'Neil (professor) Louisiana State University – 2004
 Mike Mullin (professor) University of Kentucky – 2007
 Andrea Hutches (associate professor and tenure), University of Colorado-Colorado Springs – 2008
 Patti Landers (professor) University of Oklahoma Health Science Center – 2010
 Sylvia Byrd (professor) Mississippi State University – 2011
 Christine E. Blake (associate professor with tenure) University of South Carolina -2013
 Shanil Juma (associate professor with tenure) Texas Woman's University – 2013
 Anita Nucci (associate professor with tenure) Georgia State University – 2014
 Lorraine Lanningham-Foster (associate professor with tenure) Iowa State University – 2014
 Susan Partington (tenure and professor) West Virginia University - 2014

OTHER ADMINISTRATIVE ACTIVITIES

Section Leader, Human Nutrition Section, Department of Animal Science – 1984-95
 (Number of faculty increased 2.5 to 6.0 FTE; number of students in Nutritional Sciences increased from 60 to > 300)
 Directed the effort to obtain and maintain accreditation of the Combined Master's Degree-Dietetic Internship
 (Self study and site visit 1985) and approval of the Didactic Program in Dietetics (self study 1994)
 External reviewer for Food and Nutrition Program, Department of Animal Science, Food and Nutrition, Southern
 Illinois University, Carbondale IL - February 1996
 USDA Challenge Grant/W.K. Kellogg Foundation Grant. A Collaborative Effort to Revise the Reward System
 for Teaching. Texas A&M University Campus Coordinator. 1995-98
 Texas A&M University Recognizing and Enhancing the Scholarship of Teaching Project. Campus Coordinator.
 1998-2001 - 9 departments in 7 colleges
 Texas A&M University Reaccreditation with Southern Association of Colleges and Schools
 - Coordinator for 98 graduate and 28 undergraduate programs in College of Agriculture and Life Sciences for
 outcomes documentation and preparation of self-study – 2000-03
 USDA/CSREES Review Team Member, Department of Nutrition, University of Vermont –2001
 Texas A&M Task Force on development of research opportunities for undergraduate and graduate students and
 reciprocal exchange education programs with universities in Taipei, Tainan, Keelung, and Hsin Chu, Taiwan
 - site visit to each campus January 2003 (funded by U.S. NSF & Taiwan Foundation, Houston)
 College of Agriculture and Life Sciences - B.S. degree in Environmental Studies – 2003-07
 Coordinated development and approval of interdisciplinary degree – 2002-04
 China Agricultural University, Beijing - Memorandum of Agreement – Undergraduate Student Articulation Agreement
 Campus contact and director - Approved 2008

RESEARCH INTEREST AND GRANT SUPPORT:

Travel Grant. Western Hemisphere Nutrition Congress VII. 1983, Miami Beach, Florida.
 Principal Investigator \$450
 TAES H-6603 2/14/84-2/28/89 Magnesium and Pyridoxine through the Mammalian Life Cycle.
 Principal Investigator \$17,000
 Texas A&M Organized Research Funds 9/85-8/86 Nutrition and physical activity in the elderly.
 Principle investigator \$2,500
 NIH-National Institute on Aging AG04043 12/1/85-11/30/88 Social Support, Stress, and the Aged's Diet and
 Nutrition. Co-Principal Investigator \$367,804
 Neolife Company of America. 1/1/87-12/31/87. Sources of Dietary Fat and Endurance in Physical Activity of Rats.
 Principal Investigator \$1,950

- Neolife Company of America. 2/12/87-12/31/87. Fat and Mineral Metabolism as Affected by Source of Dietary Fat and Exercise in Rats. Principal Investigator \$12,631
- Dairy Bureau of Canada 1/1/87-12/31/89. Human Plasma Lipid and Lipoprotein Responses to Various Dietary Fats. Co-Investigator \$345,383
- Texas A&M University Mini-Grant 9/86-8/87 Influence of food processing and preparation on mineral content of foods. Principal investigator \$625
- Palm Oil Research Institute of Malaysia 6/15/88-12/31/90. A Comparison of the Effects of Dietary Fats on Serum Lipids and Lipoproteins. Co-Investigator \$346,573
- Houston Livestock Show and Rodeo Association 9/1/88-8/31/89. Magnesium and dietary lipids. Principal Investigator \$1,000
- TAES H-6970 4/1/89-12/31/96. Influence of interactions of magnesium with other dietary factors on nutrition and health. Principal Investigator \$14,000
- Nutrition Research Dietetic Practice Group. 11/89-11/90. Food and nutrient intake and medication use in the elderly. Principal Investigator \$1,000
- SVO Enterprises 12/89-11/90. Response of blood lipids in the guinea pig to high oleic acid pork. Principal Investigator \$10,524
- TAMU Mini-Grant Program. 9/1/90-8/31/91. Nutrition and adolescent pregnancy. Principal Investigator \$700
- TAES/Liberal Arts Research Initiative 1/1/91-6/30/92. Sources of influence on changes in beef consumption. Co-Principal Investigator \$11,370
- Texas A&M Department of Agricultural Economics. 9/91-8/92 Nutritional labeling. Co-Principal investigator \$1,000
- USDA NRI 9/15/92-9/14/93. Nutrient content ratings for packaged or combined foods or restaurant meals. Co-Principal Investigator \$77,000
- North Dakota State Agricultural Experiment Station. 1/1/94-12/31/94. Potential health benefits of n-3 fatty acid enriched shell eggs consumption. Co-Principal Investigator \$40,020
- Pilgrim's Pride. 9/95-6/96. Evaluation of essential fatty acid modified eggs in the diet of males exhibiting dyslipidemia. – Consultant \$80,670
- USDA Higher Education Programs Challenge Grant/W.K. Kellogg Foundation/University of Nebraska-Lincoln. 9/95-3/99 Investigator (member of consortium) \$18,800 (TAMU portion)
- Rural Health Initiative, Texas A&M University. 9/96-8/97 Changes in children's eating behaviors through an intervention program that controls for parenting styles and peer influences. Co-Principal Investigator \$36,000
- USDA Economic Research Service. 10/00-9/03. Parental work, economics, nutrition, and health in adolescents. Co-Investigator \$251,957
- Texas A&M University Writing Center. 2004. Website development for COALS writing intensive courses. Co-investigator. \$3,000
- College of Agriculture and Life Sciences Texas A&M University. 3/09-8/09. Teaching Learning Cases: Development of an Inquiry-based Learning Technique in Nutrition. Principle investigator. \$950

Obesity Research and Program Evaluation Institute. Texas A&M University. 6/09-8/09. Attitudes about Food: Peer Influence and Weight Perceptions of Adolescents. Principle investigator. \$950

Honors and Undergraduate Research Office, Texas A&M University
Funds for teaching honors classes – 2001-14 - \$200/cr. fall & spring semester (\$200-\$1400/semester);
fall 2014 - \$125/cr. - \$375/semester

PUBLICATIONS:

Peer-reviewed Journal Articles:

1. Kubena KS, Landmann WA, and Carpenter ZL. Suboptimal intake of magnesium in rats. Effects during growth and gestation. *Nutr. Res.* 3:385-394, 1983.
2. Kubena KS, Carpenter ZL, and Landmann WA. Parturition and pregnancy outcome in rats as influenced by marginal intake of magnesium. *Nutr. Res.* 3:477-485, 1983.
3. Kubena KS, Landmann WA, Young C, and Carpenter ZL. Influence of magnesium deficiency and soy protein on magnesium and zinc status in rats. *Nutr. Res.* 5:317-327, 1985.
4. Kubena KS, McLaughlin CB, and Carson DB. Magnesium restriction and soy protein during gestation and lactation in rats. *Nutr. Repo. Intl.* 36:357-364, 1987.
5. Kubena KS and Carson DE. Nutrition promotion in a university foodservice: Reduced fat, sodium, and energy content of menus. *J. Am. Diet. Assoc.* 88:1412-1416, (1988).
6. Kubena, K.S., Edgar, S.E., Veltmann, J.R. Growth and development in rats and deficiency of magnesium and pyridoxine. *J. Am. Coll. Nutr.* 7:317-324, (1988).
- *7. Pinkham, C.S. and Kubena, K.S. Consequences of dietary magnesium and calcium and pregnancy outcomes and tissue mineralization in rats. *Magnesium Res.* 1:147-153, (1988).
8. Kubena, K.S., Cohill, D.T., McMurray, D.N. The effect of varying levels of magnesium during gestation and lactation on humoral immune response and tissue minerals in rats. *Ann. Nutr. Metab.* 33:7-14, (1989).
- *9. Ideno, K.T., and Kubena, K.S. Nutrition, physical activity and blood pressure in the elderly. *J. Nutr. Elderly* 9:3-15, (1989).
10. McIntosh, W.A., Kubena, K.S., Walker, J., Smith, D., Landmann, W.A. The relationship between beliefs about nutrition and dietary practices of the elderly. *J. Am. Diet. Assoc.* 90:671-676, (1990).
11. Wolinsky, F.D., Coe, R.M., McIntosh, W.A., Kubena, K.S., Prendergast, J.M., Chavez, M.N., Miller, K.S., Romeis, J.C., and Landmann, W.A. Progress in the development of a nutritional risk index. *J. Nutr.* 120:1549-1553, (1990).
12. Kubena, K.S., Durlach, J. Historical review of the effects of marginal intake of magnesium in chronic experimental magnesium deficiency. *Magnesium Res.* 3:219-226, (1990). [Invited Review by Editor-in-Chief, J. Durlach]
13. Kubena, K.S., McIntosh, W.A., Georgiades, M.B., Landmann, W.A. Anthropometry and health in the elderly. *J. Am. Diet Assoc.* 91:1402-1407, (1991).
- *14. Flynn, T.T., Kubena, K.S., and Rhee, K.S. High oleic acid and plasma and hepatic lipids of guinea pigs. *J. Nutr.* 122:1855-1861, (1992).

- *15. Torres, C.C., McIntosh, W.A., and Kubena, K.S. Social network and social background characteristics of elderly who live and eat alone. *Aging Health* 4:564-578, (1992).
16. Wood, R., Kubena, K.S., O'Brien, B., Tseng, T., and Martin, G. Effect of butter, mono- and polyunsaturated fatty acid-enriched butter, trans fatty acid margarine, and zero trans fatty acid margarine on the serum lipids and lipoprotein of healthy middle aged men. *J. Lipid Res.* 34:1-11, (1993).
17. McIntosh, W.A., Kaplan, H.B., Kubena, K.S., and Landmann, W.A. Life events social support, and immune response in the elderly. *Inter. J. Aging Hum. Devel.* 37:25-36, (1993).
18. Wood, R., Kubena, K.S., Tseng, S., Martin, G., and Crook, R. Effect of palm oil margarine, butter and sunflower oil on the serum lipids and lipoprotein of middle aged men. *J. Nutr. Biochem.* 4:286-297, (1993).
19. Kubena, K.S. The role of magnesium in immunity. *J. Nutr. Immunol.* 2:107-126, (1993). (Invited review)
- *20. Marshall, A.C., Kubena, K.S., Hinton, K.R., Hargis, P.S., Van Elswyk, M. Omega-3 fatty acid enriched table eggs: a survey of consumer acceptability. *Poultry Sci.* 74:1334-1340, (1994).
- *21. Chitwood, C., McIntosh, W.A., Kubena, K.S. Physicians' knowledge of dietary fat and advice to patients. *Intl. Quart. Comm. Health Educ.* 15:53-64, (1994-95).
- *22. Yee, C.D., Kubena, K.S., Walker, M., Champrey, T.H., Sampson, H.W. The relationship of nutritional copper to the development of postmenopausal osteoporosis in rats. *Biol. Trace Elem. Res.* 48:1-11, (1995).
23. McIntosh, W., Fletcher, R., Kubena, K., Landmann, W. Factors associated with sources of influence/information in reducing red meat by elderly subjects. *Appetite.* 24:219-230, (1995).
- *24. Weaver, S., Kubena, K.S., McIntosh, W.A. Dietary intake of college students: attitudes, knowledge, and dietary quality. *J. Assoc. Study Food Soc.* 1:23-30, (1996).
25. McIntosh, W.A., Kubena, K.S., Jiang, H., Usery, C.P., Karnei, K. An application of the Health Belief Model to reductions in fat and cholesterol intake. *J. Well. Perspectives.* 12:98-107, (1996).
- *26. Osborn, L., Kubena, K.S., Padberg, D.I., Kim, H. Nutrition and food industry professionals' opinions about the nutrition label and its components. *J. Am. Diet. Assoc.* 96:607-609, (1996).
27. McIntosh, W.A., Kaplan, H.B., Kubena, K.S., Bateman, S., Landmann, W. Platelet status, stress and social support in the elderly. *Appl. Behav. Sci. Rev.* 4:39-54 (1996)
- *28. Anding, J.D., Kubena, K.S., McIntosh, W.A., O'Brien, B. Blood lipids, cardiovascular fitness, obesity, and blood pressure: the presence of potential coronary heart disease risk factors in adolescents. *J. Am. Diet. Assoc.* 96:238-242 (1996).
29. Kubena, K.S., McMurray, D.N. Nutrition and the immune system. *J. Am. Diet. Assoc.* 96:1156-1164 (1996). (Invited)
30. Kubena, K.S. Research and discovery: getting started. *Support Line* 3:4-6 (1997) (Invited review)
31. Van Elswyk, M.E., Hatch, S.D., Stella, G.G., Mayo, P.K., Kubena, K.S. Poultry-based alternatives for enhancing the omega-3 fatty acid content of American diets. *World Rev. Nutr. Diet.* 83:102-115 (1998)
- *32. Anding, J.D., Kubena, K.S., McIntosh, W.A., Wolinsky, I. Dietary intake and the contribution of snacks among adolescents during the summer months. *J. Consum. Studies. Home Econ.* 22:131-138. (1998)

33. Kubena, K.S. Accuracy in dietary assessment: on the road to good science. *J. Am. Diet. Assoc.* 2000; 100:775-776. (Invited review)
34. McIntosh, W.A., Sykes, D., Kubena, K.S. Religion and community among the elderly: the relationship between the religious and secular characteristics of the elderly's social networks. *Rev Religious Res* :109-125 (2003)
35. McIntosh, W A, Davis G, Nayga R, Anding J, Torre C C and Kubena K S, (2006), Parental Time, Income, Role Strain and Children's Nutrition. Final report to USDA ERS FANRP. <http://www.ers.usda.gov/Publications/ccr19/>
- *36. Scott, A R. Reed, D.B., Kubena, K.S., McIntosh, W.A. Evaluation of a group administered 24-hour recall method for dietary assessment. *J Extension* 45:1-11 (1RIB3), 2007.
- * 37. Kim, KH, McIntosh, A, Sobal, J, Kubena, K. Religion, food attitudes, social support, diet, nutrition, and anthropometrics in elderly individuals. *Ecol Food Nutr* 47:205-228, 2008
- * 38. Kim, MJ, McIntosh, WA, Anding, J, Kubena, KS, Reed, DB, Moon, GS. Perceived parenting behaviours predict young adolescents' nutritional intake and body fatness. *Maternal Child Nutr* 2008;4:287-303.
39. McIntosh WA, Kubena KS, Tolle G, Dean WR, Jan J, Anding J. Mothers and meals: the effects of mothers' meal planning and shopping motivations on children's participation in family meals. *Appetite* 2010;55:623-628.
40. McIntosh, A., Kubena K.S., Tolle, G., Dean, W., Kim, M., Jan, J., Anding, J. Determinants of children's use of and time spent in fast-food and full-service restaurants. *J Nutr Educ Behav* 2011;42:1-8
- *41. Johnson CM, Sharkey JR, Dean WR, McIntosh AW, Kubena KS. It's who I am and what we eat. Mothers' food-related identities in family food choice. *Appetite* 2011;57:220-228.
42. Kubena, K.S. Metabolic syndrome in adolescents: issues and opportunities. *J Am Diet Assoc.* 2011;111:1674-9. (invited)

* graduate student is senior author.

Abstracts and papers – Invitational

National and International Level Scientific Meeting or Symposium

Kubena KS. Trace Minerals: How They Affect Health. Dietary Updates. University of Texas Health Science Center at San Antonio Teleconference Network of Texas. October 16, 1985.

Kubena KS. Update on Magnesium and Health. Dietary Updates. University of Texas Health Science Center at San Antonio Teleconference Network of Texas. February 18, 1987.

Kubena KS. The Spreading Problem of Obesity. University of Texas Health Science Center at San Antonio. Teleconference Network of Texas, May 17, 1989.

Wolinsky F, Coe R, McIntosh W, Kubena K, Prendergast J, Chavez M, Miller D, Romeis J, and Landmann W. Progress in the development of a nutritional risk index. Nutrition Monitoring and Nutrition Status Assessment Conference, Charleston SC, December 10, 1989.

Kubena KS, Rhee KS. Response of blood lipids in the guinea pig to high oleic acid pork. American Oil Chemists Society Annual Meetings. Chicago, May 15, 1991. *INFORM* 2:364, 1991.

Kubena, KS. Grantsmanship, American Dietetic Association Annual Meeting, Orlando, Florida - 1994.

Kubena, KS. Interaction Between Magnesium and Calcium, VII International Symposium on Magnesium in the Institute for Health Sciences, Lisbon, Portugal, October 1994. *Magnesium Res.* 7:64-65, 1994.

Kubena, KS. Conducting and Publishing Research. Council on Professional Issues. American Dietetic Association Annual Meeting. San Antonio TX - 1996

Kubena, KS. Show me the money! What it takes to get grant funding.: Developing grant proposals for extramural funding. American Dietetic Association Annual Meeting, Boston MS. 1997.

Kubena, KS. Weight management ADA Position. Success Revisited: What it means to be successful in weight management. American Dietetic Association Annual Meeting, Boston MA. 1997.

Kubena, KS. Linking Nutrition to Food Systems, Conference on Food Systems, United Arab Emirates University, Al-Ain UAE- 2003

McIntosh, WA, Kubena, KS. Who's at the table and why does it matter? The relationship between family meals and adolescent diets. Society for Nutrition Education 43rd Annual Conference Child Nutrition: Action Today for a Healthy Tomorrow. Reno NV 2010

State Level Scientific Meetings

Kubena, KS. Calcium Supplementation: Potential Benefits and Risks. Texas Human Nutrition Conference. College Station TX. 1987.

Kubena, KS. Minerals to Prevent Birth Defects. How Much is Enough? March of Dimes Birth Defects Foundation Symposium. Houston. 1988.

Kubena, KS. Obesity in the Adolescent. Sixteenth Annual Texas Human Nutrition Conference. College Station. 1989.

Kubena KS. Anthropometry in elderly individuals. Texas A&M Graduate Faculty of Nutrition Seminar Series. College Station, May 1990.

Kubena KS. High oleic acid pork and tissues lipids in guinea pigs. Texas A&M Graduate Faculty of Nutrition Seminar Series. College Station, September 1991.

Abstracts and papers – Volunteer

National level scientific meeting or symposium (92)

1. KS Kubena, ZL Carpenter, and WA Landmann. Parturition and pregnancy outcome in rats as influenced by marginal intake of magnesium. Western Hemisphere Nutrition Congress VII. 1983, Miami Beach, Florida. Abstracts, p. 86. August 8, 1983.

2. KS Kubena, ZL Carpenter and WA Landmann. Parturition and pregnancy outcome as influenced by marginal intake of magnesium. The American Dietetic Association 66th Annual Meeting, 1983. Anaheim, California. Abstracts, p. 38. September 12, 1983.

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- Nutrition Throughout the Life Cycle,* Williams and Worthington. Mosby Year Book. Second edition. 1990.
- Test Bank for Nutrition Throughout the Life Cycle.* William SR and Worthington B. Mosby Year Book. 1991.
- Research: Successful Approaches, 2nd ed.* Elaine Monsen, ed., American Dietetic Association, Chicago IL, 2001.
- Community Nutrition: Applying Epidemiology to Contemporary Practice.* G.C. Frank-Spohrer. Aspen Publishers, Inc. 1996.
- Chapter 41. Metabolic Stress. *Nutritional Support.* W.B. Saunders Company, Philadelphia. 1997.
- Profession of Dietetics, Current Practice and Future Trends.* E. Winterfeldt, ed. Aspen Publishers, Inc. 1997.
- Hager, MH, Hewitt, AM. *The Handbook to 21st Century Competencies for Nutrition Professionals.* Aspen Publisher. 1999.
- Mahan, LK, Escott-Stump, S. *Krause's Food, Nutrition and Diet Therapy.* 10th ed. WB Saunders Co. 2000
- Brown JE. *Nutrition through the Life Cycle, 3rd ed.* (preparation for 4th ed.) Thomson Wadsworth 2008
- National Research Council of the National Academies. Committee on a Leadership Summit to Effect Teaching and Learning. *Transforming Undergraduate Education in Agriculture: Sustainable Education for a Changing World.* Washington, DC: The National Academies Press. 2009

Texas Agricultural Experiment Station Publications

- * Kim H, Angel F, Kubena K, Padberg D. Consumer understanding and use of the new nutritional label: A pilot study. Agricultural and Food Policy Center. AFPC Policy Research Report 92-2. December 1992.
- Padberg DI, Kubena KS, Ozuna T, Kim H, Osborn L. The Nutrition Quality Index: an instrument for communicating nutrition information to consumers. Agricultural and Food Policy Center. AFPC Policy Research Report 93-10. October 1993.
- * Osborn L, Kubena KS, Padberg DI, Kim H. The development of a scoring system for main dish products using the 1993 nutrition label. Agricultural and Food Policy Center. AFPC Policy Research Report 93-9. October 1993.

* Graduate student is senior author.

TEACHING AND ACADEMIC INITIATIVES

Undergraduate Courses

LBAR 485 Honors Faculty Discussion Group	MENTORING PROJECT	2010
AGLS 101 (Honors) Modern Agricultural Systems (1 cr)		1995-98 [new course]

AGLS 489 (Honors) Research in Agriculture and Life Sciences	1999, 2000 [new course]
AGLS 105 (Honors) Research in Agriculture and Life Sciences	2001-07
NUTR 405 Nutritional Treatment of Disease (4 cr)	1979, 1982-2015
NUTR 405 (Honors) Nutritional Treatment of Disease (4 cr)	2008-15
NUTR 301 (444) Nutrition through Life (3 cr)	1990-2015
NUTR 301 (444) (Honors) Nutrition through Life (3 cr)	2009-15
NUTR 481 Seminar (1 cr) – writing intensive course	2008
NUTR 202 Fundamentals of Human Nutrition	1981-82
(50% course)	1985
FSTC 303 Quantity Food Service (3 cr)	1980-88
FSTC 304 Food Organization and Management (3 cr)	1981-87
NUTR 485 H Problems University Undergraduate Fellows (4 cr)	
*Kathryn Hughes, Thesis “Nutritional care for cancer patients”	1985-86
*Catherine Gallacher, Thesis “Identifying effective teaching behaviors involved in nutrition education, as applied to weight loss”	1984-85

Graduate Courses

NUTR 630 Nutrition in Disease (3 cr)	2010-14
NUTR 689 Special Topics in Nutrition in Disease (3 cr)	1986-94 [new course 630]
NUTR 681 Seminar (1 cr)	1988-03
NUTR 689 Spec Topics in Clinical Applications of Nutrition (3 cr)	1985 [new course]
NUTR 689 Spec. Topics in Clinical Nutrition (4 cr)	2000 [new course]
NUTR 689 Spec. Topics in Medical Nutrition Therapy (1 cr)	2000 [new course]
FSTC 689 Spec Topics in Scientific Basis of Therapeutic Diets (3 cr)	1983, 1984 [new course]
FSTC 681 Seminar (1 cr)	1984
FSTC 689 Spec Topics in Foodservice Systems Management (3 cr)	1986, 1987 [new course]

Guest Lectures on Continuing Basis

College of Medicine, Texas A&M Health Science Center -	
MEID 901 Leadership in Medicine (MEID 989)	
Nutrition in Disease and Through the Life Cycle	1993-96, 1998-2001
(Second year medical students)	
FSTC 201 Food Science - lectures on human nutrition	1982-94
NUTR 650 Minerals – Magnesium metabolism	1996, 1998, 2000
NUTR 289 Horizons in Nutrition and Dietetics	2000-02
NUTR 201 Horizons in Nutrition and Dietetics	2011-15

Advisor

Minorities in Agriculture, Natural Resources and Related Sciences	2004
MANRRS (co-advisor)	
Coordinator for Academic Advising, Nutritional Sciences	1982-2002
Advising for all dietetic students in Didactic Program in Dietetics	1982-99
Texas A&M Nutrition and Dietetics Association	1982-93

Coordination of Dietetics and Nutrition Programs

Director, Didactic Program in Dietetics (approval by The American Dietetic Association) 1982-99
 - Developed from 16 students in 1982 to more than 200 in 1999

Director, Combined Master's Degree-Dietetic Internship
 (internship accredited by The American Dietetic Association) 1982-90, 2001

Program Administrator, Combined Graduate Degree-Dietetic Internship 1990-95

Director, Honors Program in Nutritional Sciences – 2012-present

Developed program,
 Recruited honors-eligible students
 Recruited to teach and assisted faculty members to develop honors classes
 Maintained database of honors program members; coordinated information and all activities with office of
 Honors and Undergraduate Research
 Evaluated student progress and eligibility; notified students of probation and dismissal from program;
 Confirmed eligibility for Graduation with Honors in Nutritional Sciences
 Chair, Honors Program in Nutritional Sciences Advisory Committee

Graduate Students Completing Degrees

Major Professor (or Co-chair):

PhD Nutrition

Connie Elliff Ruiz - August 1992
 Jenna Anding - December 1994 (co-chair)

PhD-Agricultural Economics

Heason K - August 1993 (Co-chair)

M.S. – Nutrition

Carson DB. May 1986.
 McLaughlin CB. May 1986
 Snell M. August 1986. (Co-chair).
 Edgar S. August 1986.
 Corrigan, S. December 1986.
 Sweeney-Grether, Gitta Kay. December 1986 (non-thesis).
 Ideno K. May 1987.
 Carson DE. May 1987.
 Cohill DC. May 1987.
 Pinkham CS. August 1987
 Georgiades MB. May 1988.
 Holmes KH. May 1988.
 Cobos M. August 1988.
 Shows D. December 1988
 Wong CC. December 1988.
 Neale SB. May 1989 (co-chair
 Nguyen TB. December 1989.
 Davros T. August 1990.
 DeVries S. May 1991.
 Downs J. May 1991
 Flynn T. August 1991
 Anding, J. December 1991
 Ebner, E. May 1992
 Yee, C. May 1992. "
 Worley, M. August 1992.
 Walker J. December 1992 (co-chair).
 Howe C. December 1992.
 Esclovan M. May 1993.
 Weaver S. May 1993
 Wehrmann NC. August 1993.
 Kuhl K. August 1993
 Usry CL. May 1994.
 Marshall, A. May 1994 (co-chair).
 Miyasato, J. December 1995 (co-chair).

Mayo, P. May 1996 (co-chair).
 Chaffin, K. May 1997 (co-chair).
 Godwin, A. May 1997 (co-chair).
 Morat, M. May 1997 (co-chair).
 Shipley, D. August 1997 (co-chair).
 Hatch, S. December 1997 (co-chair).
 Gallagher, S. December 1997 (co-chair).
 Chapman, L. May 1998 (co-chair).
 Lazarou, E.E. August 1998 (co-chair).
 Gandhi, R. May 1999 (co-chair).
 Spell, C. May 1999 (co-chair).
 Edeley, M.A. May 2000 (co-chair).
 Odefey, M. August 2000 (co-chair).
 Tramm, A. B. December 2000 (co-chair).
 Maddox, L. December 2001 (co-chair).
 Lorenz, Sandra Gail. May 2002 (co-chair).
 Scott, Amanda Renee. May 2002 (co-chair).
 Barry, Kristina Marie. August 2002 (chair).
 Hood, Jennifer Gonzales. May 2003 (chair). Non-thesis.
 Yeley, Genevieve May. May 2004 (co-chair).
 Baker, Nicole, August 2012 (co-chair).
 Dewi, Karine, August 2012 (chair) Non-thesis.

MS - Food Science and Technology

Leslie Suzanne Shaw - May 1984 (non-thesis).
 Bohac CE. May 1987.
 Boxer MK. May 1988 (co-chair).
 Osborn, L. May 1994 (co-chair).

MAgr - Food Science and Technology (non-thesis)

Jane Black - August 1984.
 Darla Beckman Foster - December 1984.
 Kimberly Matheson - August 1985.
 Karen Elizabeth Zern - December 1986.
 Lorraine Reck - December 1986.
 Deborah Jean Broun - December 1986.
 Liat Lauren Scharf - May 1987.
 Susan Chan - December 1987.
 Andrew Welch - May 1988.
 Judy Person - December 1988.
 Courtney Faye English - May 1989.
 Camille Clement - August 1989.
 MaryAnn Sullivan - December 1989.
 Susan Sikorski - December 1990.

Committee member

PhD Nutrition (8)
 PhD Food Science and Technology (1)
 PhD Agricultural Economics (1)
 MS Nutrition (49)
 MS Food Science and Technology (20)
 MAgr Food Science and Technology (6)
 MS Psychology (1)
 MS Health Education (4)
 MS Kinesiology/Exercise Physiology (10)
 MS Publish Health (2)

COMMITTEE ASSIGNMENTS (Primary)

University/System

Planning Committee on Human Nutrition Program for the Texas A&M University System 1990-91

Texas A&M University System Peer Review Committee for Nondepartmental TAEX Admin. Faculty and Extension Specialists 1991

University Curriculum Committee 1992-93

Nutrition Elective for Medical Students Sub-committee, Texas A&M Health Science Center 1992-93

Academic Operations Committee, College of Agriculture and Life Sciences Rep. (AOC Dean) - 1995-2007

Subcommittee on Admission 1995-2002

Subcommittee on Academic Forgiveness 1995-99

Subcommittee on Minors 1995-97

Subcommittee on Implementation of Minors, chair 1997

Subcommittee on Second Degree, Double Degree, and Double Majors, chair 1995-97

Subcommittee on SIMS Access 1999-2007

Subcommittee on Off-Campus Communication 2001-04

Subcommittee on Transfer Admissions 2000-03

Subcommittee on Policy and Procedures for Academic Minors – Chair – 2004

Subcommittee on Transcript Designation for Minors, Certificates, and Options – Chair – 2004

Subcommittee on Registration Access for Continuing Students, Chair - 2004

+ 9 subcommittees (member) for 1 academic year or less

College of Science Undergraduate Curriculum Committee, ad hoc member 1996-98

College of Veterinary Medicine Biomedical Science Task Force, consultant 1996-97

International Affairs Advisory Committee, Bush School of Government and Public Service 1996-97

Committee on International Degree, Bush School of Public Administration 1996-98

Subcommittee on Natural Resource and the Environment Specialization, Chair 1998-99

Committee on Reconciling the Faculty Reward System with Multiple Missions of Texas A&M U., Member 1997-99

Texas A&M University Vision 2020 Task Force, Fine Arts Group, Member 1998-99

Computer Access Fee Competitive Grant Program - Member 1998, Chair 1999

Committee on Honorary Degrees for Texas A&M University - Member 1997-2000

Chair 1999-2000 - Successfully nominated for 99-00 honorary degrees- Michael DeBakey, Medicine;
Allan Bard, Chemistry; John Hope Franklin, History; Peter Lax, Mathematics

Study Abroad Program Policy Committee (SAPPC), Member 1996-present

- Interim Chair 2000-2001; Chair 2001-07

International Program Enhancement and Coordination Committee, Member – 2000-08

Diversity Task Force, Co-chair 2001-04

Graduate Recruitment Committee, Member 2004-05

Graduate student application subcommittee, Chair 2004-05

President's Advisory Committee for the Regents' Initiative – 2001-04

New Student Conference Committee – 2001-04

Access to Majors Task Force – 2002-03

Texas A&M University Honors Advisory Committee, member – (2001-07; 2011-16)
College and Departmental Honors Directors Group - Nutritional Sciences representative (2012-present)

Quality Enhancement Program Council – 2002-07

Quality Enhancement Program Executive Committee – 2003-06

Authored *Institutional Effectiveness Planning Workbook*, Tiu, Osters, Kubena, eds –2003-04 & 2004-05 .

Strategic Action Think Tank (SATT) – Member 2004-06

Freshman Convocation Steering Committee – Member – 2003-05

Program Planning and Assessment Subcommittee – Chair - 2003-05

Regents' Scholars Coordination Committee – Member 2004-07

Development of mentoring system in COALS for Regents Scholars – 2005-06 (co-coordinator with Lilly Sanchez-Saqib)

Council of Agriculture Administrators, Agriculture and Life Sciences – Member 2007-08

Texas A&M University Committee on Academic Freedom, Responsibility and Tenure (CAFRT)
 – elected position (2011-17)

2013 Association of Former Students Distinguished Achievement Awards Selection Committee member – teaching

2013 and 2014 Women's Faculty Network Eminent Scholar Awards selection committee – member

Women's Faculty Network – COALS representative (elected position) – 2013-14

Texas A&M Faculty Senate

Senator for College of Agriculture and Life Sciences 1992-95, 2009-15

College of Agriculture and Life Sciences Caucus Leader 1993-94, 2012-15

Core Curriculum Council - member (2009-16)

Academic Affairs Committee 1992-95, 2009-11

Legislative Affairs Committee 2009-11

Elections Committee 1992-93

Committee on Committees 1993-94

Faculty of Nutrition

Bylaws Committee 1988-89

Executive Committee and Parliamentarian 1990-95

Curriculum Committee 1990-99

Admissions Committee 1990-99

Seminar Committee, chair 1992-93

Texas Human Nutrition Conference Committee 1985-03, Chair 1995-96, 2005-06, 2006-07

Recruitment Committee, chair 1994-95

Non-Thesis Master of Science Committee, chair 1996

College of Agriculture and Life Sciences

Master of Agriculture Committee 1984-87

Committee for Graduate Instruction 1984-87

Core Curriculum Implementation Committee 1987

COALS Subcommittee, Strategic Plan 1992-97 – 1992

Advisory Committee for Student Diversity Office Director, COALS 1993-95

Ag Program Conference Task Force 1994

COALS Strategic Plan Committee 1994

Ag Program Promotion Task Force 1994

Institute of Food Science and Engineering Center for Foods and Nutrition Committee 1994

COALS Undergraduate Program Committee (UPC) *Ad hoc* member 1995-2006

1996 Agriculture Program Conference Planning Committee, member

2000 Agriculture Program Conference, Co-chair

Agriculture Program Conference Student Poster Competition – Chair 2000-02, 2004-06 (Developed competition)

Agriculture Program Administrative Council 1998-2000, Chair 1999

Promotion and Tenure Guidelines Committee, Chair – 1999-2001

[revision of guidelines for teaching, research, service]

COALS Competency Committee – Chair – 2002-04

Subcommittee on Writing Skills, Chair – 2003-present

Leadership and Ethics – Doing the Right Thing, Texas A&M Academic Integrity Week Planning Committee for College of Agriculture and Life Sciences Session, Coordinator (Student members were co-chairs) - 2004

Nominating Committee for USDA Excellence in College Teaching Awards, Chair – 2005-06

Nominees – 2005 R. D. Slack and K. Dooley* (Faculty Awards), J. Harlin* (New Faculty Award);

2006 R. Lopez* (New Faculty Award); K. Litzenberg (Faculty Award)

* Regional Winner

2013 College of Agriculture and Life Sciences Outstanding Alumni Awards – member

College of Agriculture and Life Sciences Peer Review Committee – member – 2014-16

Department of Animal Science

Dietetic Internship Administrative Committee, chair 1982-90, member 1990-95

Dietetic Internship Selection Committee, chair 1982-90, member 1990-2000

Dietetic Internship Advisory Board, chair 1984-90, member 1990-95

Undergraduate Curriculum Committee for Nutritional Sciences, Chair 1985-2003

Departmental Curriculum Committee 1988-89

Undergraduate Program in Dietetics Advisory Committee, chair 1988-95

Awards Committee 1990-99

Subcommittee on Departmental Awards Program, chair 1991-92

Peer Review Committee on Professional Career Ladder System - Extension Specialist Faculty 1991-92

Curricula Committee 1992-94

Open House Committee 1992-93

Graduate Student Poster Competition, chair 1993

Animal Science Tenure and Promotion Policies Committee 1993-94

Internal Departmental Review Committee for Undergraduate Teaching Program 1996

Teaching Advisory Committee, Chair 1996-2000

Full Professors Promotion and Tenure Committee 1997-2004

Department of Nutrition and Food Science

Academic Committee – Chair – 2004

Bylaws Committee – Member – 2004

Undergraduate Program Committee – Chair – 2004-06, 2008-13, Member 2004-present

Faculty Tenure and Promotion Committee – Member – 2008-present

Honors Program in Nutritional Sciences Advisory Committee – Chair – 2012-present

Graduate Awards Committee, Chair – 2014-present